## WIC

# A Special Food and Nutrition Education Program For Women, Infants and Children

#### WHO IS ELIGIBLE?

- > A pregnant woman
- > A breastfeeding woman
- > A woman who has recently been pregnant
- An infant or a child less than 5 years old

#### SERVICES PROVIDED:

- > Nutritious foods
- > Nutrition counseling
- > Breast feeding support
- > Health care referral

### TO BE ELIGIBLE, YOU MUST ALSO:

- Have a low or moderate incomeAND
- Have a special need that can be helped by WIC foods and nutrition counseling

#### APPROVED WIC FOODS:

Milk, cheese, eggs, cereals, peanut butter, fruit or vegetable juices, dry beans or peas, iron fortified formula

YOU DO NOT HAVE TO BE ON PUBLIC ASSISTANCE TO APPLY.

CALL YOUR LOCAL HEALTH DEPARTMENT FOR MORE INFORMATION.

### Georgia WIC Program

Georgia WIC
Georgia Department of Public Health
2 Peachtree Street, NW
10<sup>th</sup> Floor
Atlanta, GA 30303

**Telephone: 1-800-228-9173** 

Website: <a href="http://dph.georgia.gov/WIC">http://dph.georgia.gov/WIC</a>

### **INCOME ELIGIBILITY GUIDELINES** (Effective from July 1, 2018 to June 30, 2019)

Household size	Reduced Meal Income Limits				
	Annually	Monthly	Twice A Month	Every Two Weeks	Weekly
1	22,459	1,872	936	864	432
2	30,451	2,538	1,269	1,172	586
3	38,443	3,204	1,602	1,479	740
4	46,435	3,870	1,935	1,786	893
5	54,427	4,536	2,268	2,094	1,047
6	62,419	5,202	2,601	2,401	1,201
7	70,411	5,868	2,934	2,709	1,355
8	78,403	6,534	3,267	3,016	1,508
For each additional family member add	+ 7,992	+ 666	+ 333	+ 308	+ 154